

Sex Week: Sexual Assault

Richelle Bravo and Sadie Haugo

What is Sexual Assault?

According to Merriam-Webster Dictionary Sexual Assault is, "illegal sexual contact that usually involves force upon a person without consent or is inflicted upon a person who is incapable of giving consent (as because of age or physical or mental incapacity) or who places the assailant (such as a doctor) in a position of trust or authority."



<https://www.merriam-webster.com/dictionary/sexual%20assault>

Why it matters

About 1/6 women and 1/33 men in the US have experienced sexual assault in their lifetime. Those who have been sexually assaulted often deal with guilt, shame, fear or isolation as a result. Physically, victims experience injuries, possible pregnancy or STDs. 94% of women experience PTSD after being raped. Victims incur an estimated \$122,461 over their lifetime in costs associated with sexual assault.



Rainn. (n.d.). *Scope of the Problem: Statistics*. Retrieved from <https://rainn.org/statistics/scope-problem>

What is Consent:

Consent is an explicit or implicit agreement between people about how and when they are comfortable having sex.

- Freely given
- Reversible
- Informed
- Enthusiastic
- Single-time Contract



Bottko-woods, N., & Yamada, J. (2020, February 4). *Advocacy Training*. Inver Advocacy, Inver Hills Community College.

What to do if you are sexually assaulted:



- Go to a safe place
- Call the National Sexual Assault Hotline: 800.656.4673
- Or call Dakota County's 24 hour crisis line: 952.891.7171
- Trained staff will walk callers through the proper steps to take after an assault

Sexual Assault is 100% the fault of the perpetrator. Sexual assault is *never* the fault of the victim.

Sexual Violence Prevention. (n.d.). Retrieved April 13, 2020, from <https://www.inverhills.edu/CampusResources/SexualViolence.aspx>

Statistics: Where Sexual Assaults Occur:

55%

At or near the victim's house.

15%

In an open public place.

12%

At or near a relative's home.

8%

On school property.

10%

In an enclosed but public area, such as a parking lot or garage.

Rainn. (n.d.). *Scope of the Problem: Statistics*. Retrieved from <https://rainn.org/statistics/scope-problem>

Types of Sexual Assault:

Sexual assault includes rape, unwanted sexual touching, sexual contact with minors, and any sexual contact without consent.

Acquaintance Rape

80%

Of sexual assault is by an acquaintance

50%

Of sexual assaults happen on dates

Rape by a friend, family member, or coworker. There is some sort of an established relationship between victim and rapist

Drug Facilitated Sexual Assault

Occurs most often at a parties or social events. Defined by the use of drugs to impair victim's judgement, ability to consent, memory, and ability to escape. Includes use of alcohol, roofies, or ecstasy.

Child Sexual Abuse

Any sexual act with a minor by an adult or someone who holds more power than the child.

Marital Rape

Any form of rape done to a spouse or ex-spouse by another spouse or ex.

Types of Sexual Assault - Women's Center. (n.d.). Retrieved from <https://www.marshall.edu/wcenter/sexual-assault/types-of-sexual-assault/>

Positive Bystanders:

Direct-

Confront the problem head on.

Distract:

Disrupt a problem by causing a diversion.

Delegate:

Get the help of someone who can intervene more safely or effectively.

Bottko-woods, N., & Yamada, J. (2020, February 4). *Advocacy Training*. Inver Advocacy, Inver Hills Community College.

Why report?

There is no obligation of a victim to report their sexual assault.

If a victim does make the decision to report, they are holding their offender accountable for the assault. Since most perpetrators are multiple time sexual offenders, this may prevent future sexual assaults by the perpetrator.

About Sexual Assault. (n.d.). Retrieved from <https://www.nsvrc.org/about-sexual-assault>

Inver Hills Resources:

<https://www.inverhills.edu/CampusResources/SexualViolence.aspx>

National Sexual Assault Hotline:
1-800-656-4673

Resources:

<https://rainn.org/statistics/scope-problem>

<https://www.merriam-webster.com/dictionary/sexual%20assault>

<https://www.nsvrc.org/about-sexual-assault>

<https://www.marshall.edu/wcenter/sexual-assault/types-of-sexual-assault/>

Bottko-woods, N., & Yamada, J. (2020, February 4). *Advocacy Training*. Inver Advocacy, Inver Hills Community College.



Inver Hills Community College,
Phone Number:
(651) 450-3000